

ALTC CITATION

AWARD WINNER

For implementing real-life practice to enhance workforce readiness of Sport and Exercise Science and Exercise Physiology students

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What does being acknowledged by JCU and your peers for influencing students' learning through your teaching practice mean to you on a professional level, and on a personal level?

Professionally, the ALTC prize money will allow me to further refine, develop and disseminate my teaching practices through new teaching and learning research projects and conference attendance. On a personal level; reassurance that my teaching practices are recognised and valued by my peers and that the time spent developing and implementing innovative teaching practices, with the aim of enhancing student learning experiences, is worthwhile and highly rewarding!

In what way has student feedback regarding the way in which students experience your teaching style, informed your teaching practice?

Student feedback indicates that they value highly the obvious link between my curriculum and real-world practice. Students also highly rate my enthusiasm and dedication to emphasising the potential positive impact that they, as Exercise Physiologists, can have on the community as a whole and on individual community members. This positive feedback encourages me to

continue pursuing and expanding upon this innovative line of teaching practice and to ensure that every student is provided with a variety of relevant (community-based) learning opportunities to develop workforce competence, confidence and pride of place within the profession and the community.

You have a rich teaching career and valuable experiences that have shaped your teaching style, but what drives you to teach well?

Collectively, pride in my profession as an educator, pride in the quality and impact of my work and pride in our graduates who are able to positively contribute to the community, are the things that drive me to teach well.

What are some of your current research interests?

Teaching-based: Using real clients to enhance workforce readiness of Exercise Physiology graduates.

Discipline-based: developing and implementing training strategies to enhance sporting performance; and, exercise for chronic disease management.

