

**Social Psychology in Mental Health Studies:
Showcase of Postgraduate Research in the Asia-Pacific Region**

**JCU College of Healthcare Sciences Higher Degree
Research Day**





Social Psychology in Mental Health Studies:

Showcase of Postgraduate Research in the Asia-Pacific Region

James Cook University College of Healthcare Sciences

Higher Degree Research Day

27-28 June 2024

James Cook University, Townsville, Australia

<https://www.jcu.edu.au/AMHRG/our-projects/social-psychology-in-mental-health-studies>

About the conference:

This hybrid conference, funded by the Asian Association of Social Psychology (AASP) and the College of Healthcare Sciences (CHS), James Cook University (JCU), brings together postgraduate researchers in person and online to explore the critical link between social psychology and mental health in Pacific-Asian contexts.

The program emphasises how social structures, socioeconomic status, race, gender, and age all influence the distribution of stress and resources. These factors can significantly impact individuals' mental well-being, with those facing lower social status often disproportionately burdened by stressors.

This 2-day event aims to:

- Highlight the importance of social psychology in understanding mental health.
- Explore the interplay between social structures and individual experiences.
- Promote innovative research on mental health across Pacific-Asian societies.

Venue

The conference is a hybrid event and online presentations are welcomed to ensure participation from researchers with travel budgetary limitations.

For those NOT in Townsville please join us via the below zoom links.

In person:

****PLEASE NOTE VENUE CHANGE****

Building 25

Room 001

(<https://jcu.app/maps>)

or

Join us virtually:

Zoom master: Dr Dan Miller

Day 1:

<https://jcu.zoom.us/j/89434430996?pwd=SVZFY0pHN2Zjd nFucE54RXZSS1 lmdz09>

Password: 502941

Day 2:

<https://jcu.zoom.us/j/82275457471?pwd=TTZCY3J4bWxJaTJOeHZLbHISUHdGdz09>

Password: 922939

Day 1: Thursday 27 June 2024

8:30 AM: Registration

9:00 AM: Acknowledgment of Country

- A/Prof. Wendy Li, Associate Dean for Research, CHS, JCU

9:05 AM: Welcome Addresses (*Chair: A/Prof. Wendy Li*)

- Prof. Pauline Calleja, Dean of CHS

9:20 AM: Keynote speech **“Science and Communications about the emergence of Global Consciousness”** (*Chair: A/Prof. Wendy Li*)

- Prof. James Liu, Massey University, New Zealand

10:00 AM: Networking break: Refresh and connect over morning tea

10:30 AM: Dive into Research: Student Presentations (*Chair: Dr. Ylona Chun Tie*)

- The heart of the conference begins! Throughout the morning and afternoon, witness innovative research from talented postgraduate students (see schedule below).

12:30 PM: Networking lunch: Fuel your mind and body with a delicious lunch break. This is your chance to mingle with peers and spark collaborative ideas.

1:30 PM: Postgraduate Presentations continued (*Chair: Dr. Kenji Doma*)

3:30 PM: Networking Break: Refresh and connect over afternoon tea

4:00 PM: **Research Capacity Building Workshop** (*Chair: Ms. Carolyn Heward*)

- Don't miss this interactive workshop led by researchers A/Prof. Jonathan Ramsay (JCU, Singapore) and Dr. Sofia Calderon (University of

Gothenburg, Sweden). Learn valuable strategies to strengthen your research capacity.

6:30 PM - 8:30 PM: Networking Reception (Skydeck, JCU)

- Cap off a productive day with canapes and drinks and further networking opportunities at the stunning Skydeck venue.
- The networking event is FREE for student presenters, guest speakers, discussion panellists and volunteers. A \$20 for registration fee applies for all other attendees
- Tickets can be purchased by following the link or scanning the QR code:

<https://www.eventbrite.com.au/e/social-psychology-in-mental-health-studies-networking-reception-tickets-877133388577>



Day 2: Friday 28 June 2024

9:00 AM: Postgraduate Presentations continued (*Chair: Dr Marie McAuliffe*)
(see schedule below)

11:10 AM: Networking Break: Refresh and connect over morning tea

11:30 PM: 3MT Competition (*Chair: Dr. Ylona Chun Tie*)

- Witness the excitement of the Three Minute Thesis (3MT) Competition, where students condense their research into captivating three-minute presentations. (see schedule below)

12:30 PM: Networking Lunch: Refuel and connect

1:30 PM: **Dialogue with Editors: Mastering Publication** (*Chair: A/Prof. Jonathan Ramsay*)

- Gain valuable insights from a renowned panel of editors:
 - Prof. James Liu (Editor in Chief, Journal of Political Psychology)
 - Prof. Yu Niiya (Editor in Chief, Asian Journal of Social Psychology)
 - A/Prof. Wendy Li (Co-Editor in Chief, Asian Journal of Social Psychology; Associate Editor, Journal of Pacific Rim Psychology; Associate Editor, Applied Psychology: Health and Wellbeing)
 - Prof. James Dimmock (Deputy Editor, Stress and Health)
 - A/Prof. Simon Rosenbaum (Associate Editor, Mental Health and Physical Activity)

- A/Prof. Tanya Park (Associate Editor, International Journal of Mental Health Nursing)

3:00 PM: Afternoon Tea Break: enjoy a quick refreshment break

3:15 PM: 'What Next' Dialogue with Academics: Charting your research future
(Chair: Dr. Daniel Lowrie)

- Prof. Zoltan Sarnyai (Neuroscience, James Cook University, Australia)
- A/Prof. Simon Rosenbaum (Psychiatry and Mental Health, University of New South Wales, Australia)
- Dr. Sam Teague (Psychology, James Cook University, Australia)

4:15 PM: Celebrating Excellence: Awards Ceremony *(Chair: A/Prof Wendy Li)*

- Best presentation prizes: Presented by Prof. James Liu
- 3MT prizes*: Presented by A/Prof. Simon Rosenbaum
- CHS HDR prizes: Presented by Dr. Ylona Chun Tie

4:30 PM: Close

- We conclude the 2-Day Postgraduate Research Showcase with closing remarks from A/Prof. Wendy Li

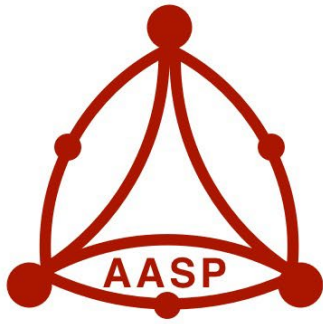
*Note 3MT awards and eligibility for progression vary based on College and University requirements.

Conference Schedule 27 & 28 June 2024

Day	Session	Timing	Name	Eligible for prizes - AASP	Eligible for prizes - CHS	Affiliation	Mode	Title
Day 1	Session 1	10:35-11:00	Jennifer Gaskin	Yes	Yes	James Cook University	In Person	The effectiveness of mindfulness-based interventions on stress in police officers: a systematic review and meta-analysis
		11:00-11:25	Anamika Singh	Yes		Indian Institute of Technology Kanpur	Online	The Impact of Social Capital on the Mental Wellbeing of Older Adults in Lucknow City, India
		11:25-11:50	Kaila Putter		Yes	James Cook University	In Person	Social Influences on Mothers' Perceptions of Maternal-Foetal Attachment
		11:50-12:15	Yow Yong Jie	Yes		James Cook University	Online	Curiosity Killed the Cat: How Dimensions of Curiosity Relate to Video Gaming Addiction
	Session 2	13:35-14:00	Carolyn Heward	Yes	Yes	James Cook University	In Person	A Scoping Review of Military Culture, Military Identity and Mental Health Outcomes in Military Personnel
		14:00-14:25	Micaella Arcemo			De La Salle University-Manila	In Person	The Role of Psychological Detachment from School in Examining the Effects of Home Challenges on School Engagement among College Students
		14:25-14:50	Neil Munro	Yes	Yes	James Cook University	Online	The effect of exercise on depression and anxiety: A meta-meta analysis of randomised trials
		14:50-15:15	Wei Jun Marc Chao	Yes		James Cook University	In Person	Increased Generalisation, Stronger Acquisition, or Reduced Extinction? Investigation of the Mechanisms Underlying the Acquisition-In-Multiple-Contexts Effect
Day 2	Session 3	9:05-9:30	Anita Dunn		Yes	James Cook University	Online	The rewarding and challenging aspects of being a PhD candidate
		9:30-9:55	Chidiamara Maria Njoku		Yes	James Cook University	In Person	The FRIEND Trial: Design and Implementation of Educational Modules and Medication Optimisation in Residential Aged Care
		9:55-10:20	Micaella Arcemo			De La Salle University-Manila	In Person	The Mediating Effect of Trust in Institutions on Climate Change Local Risk Perception and Environmentally Responsible Behaviors
		10:20-10:45	Lin Xiangbin			James Cook University	Online	Integrating Religion and Spirituality with Psychotherapy in Singapore: Th Experiences and Attitudes of Psychotherapy Clients from a Religiously Diverse Nation

3MT schedule – 28 June 2024

Timing	Name	Eligible for prizes - AASP	Eligible for prizes - CHS	Affiliation	Mode	Title
11:35-11:40	Carolyn Heward	Yes	Yes	James Cook University	In Person	Forging Heroes: Unveiling the Transformational Journey of Military Identity
11:40-11:45	Chidiamara Maria Njoku		Yes	James Cook University	In Person	Implementing Medication Optimisation as part of Best-practice Frailty Care in Residential Aged Care
11:45-11:50	Jennifer Gaskin	Yes	Yes	James Cook University	In Person	Mindful Cops: using mindfulness to reduce stress in police officers
11:50-11:55	Neil Munro	Yes	Yes	James Cook University	Online	The effect of exercise on depression and anxiety: A meta-meta analysis of randomised trials
11:55-12:00	Wei Jun Marc Chao	Yes		James Cook University	In Person	Generalising Fear: The Power of Multiple Contexts in Learning
12:00-12:05	Anamika Singh	Yes		Indian Institute of Technology Kanpur	Online	TBC
12:05-12:10	Micaella Arcemo			De La Salle University-Manila	In Person	TBC



ASIAN ASSOCIATION OF SOCIAL PSYCHOLOGY



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AUSTRALIA